

# Adult Social Group



Group Outings

Cultural Events

Good Food

Movies

Live Bands

Interchange Adult Social Group provides opportunities for participants to be socially connected with people their own age and shared interests.

Activities are chosen by the group members, and have included dinner, concerts, plays, bowling, sporting activities and more.

Support staff and volunteers attend but take as low a profile as is required.



Sporting Activities

Bowling

Parks

Concerts

Plays

and more!

For more information:

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