

Local Services Guide

Bendigo

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Disclaimer

The views expressed in this publication do not necessarily represent the views of the Australian Government Department of Education, Employment, and Workplace Relations (DEEWR).

Every attempt has been made to ensure the accuracy of the information presented at the time of publication. If you are aware of any information that requires updating please contact AAETC on 1300881971 or aaetc@autismspectrum.org.au

Acknowledgement

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Australian Government

**Department of Education, Employment
and Workplace Relations**

Introduction

*This Local Services Guide has been created as a result of the Positive Partnerships workshop held in Bendigo in June 2011. **Please note that many services listed are not ASD specific.** This guide doesn't attempt to include all options available in Bendigo but is simply a guide for families, with many entries provided by families that attended the workshop.*

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Advocacy

Association of Children with a Disability

Address Suite 2, 98 Morang Road
Hawthorn Vic 3122

Phone 1800 654 013

Email mail@acd.org.au

Website www.acd.org.au

Regional Information Advocacy Council (RIAC)

Address 145 Crook St
Bendigo 3550

Phone 1800 221 844

Email admin@riac.org.au

Website www.riac.org.au

Counselling, Psychiatry & Psychology

Affect Consulting

Address Mark Logan – Social Worker/ Behavioural Therapist
PO Box 2
Nth Bendigo Vic 3550

Phone 03 5443 5384

0439 996 008

Website www.affectconsulting.com.au

Autism Assessment Disorder Services

Bendigo Health – Child and Adolescent Mental Health Service

Address 8 Wallace Avenue
Flora Hill, Bendigo Vic 3550

Phone 03 54406506

The Anna Centre - *Psychology*

Address 8 Rowan Street
Bendigo 3550

Phone 03 5442 5066

Email admin@annacentre.com.au

Bendigo Child and Adolescent Health Services (CAMHS)

Address John Bomford Centre
Condon & Crook Streets
Strathdale 3550

Phone 03 5440 6506

Triage 1300 363 788

Website www.bendigohealth.org.au

Bendigo Community Health Services (BCHS)

Address 13 Helm St
Kangaroo Flat 3550

Phone 03 5430 0500

Website www.bchs.com.au

Bendigo Psychology

Address 499 Hargreaves St
Bendigo Vic 3550

Phone 03 5443 2284

Email admin@bendigopsychology.com.au

Website www.bendigopsychology.com.au

CentaCare Family Education Services

Address 65 Baxter St
Bendigo 3551

Phone 03 5438 1300

Website www.centacare-sandhurst.org.au

Crimmins Sharon – *Social Worker*

Address 99 Wills St
Bendigo Vic 3550

Phone 0411 394 063

The ASD Clinic - *Psychology*

- Dr Richard Eisenmajer
- Sally Rigby
- Geoff Martin

Address The ASD Clinic
Suite 2, 830 High Street
Kew East Vic 3102

Phone 03 8851 3600

Email reception@theasdclinic.com.au

Website www.theasdclinic.com.au

Ivan Honey & Associates

Address 142 Queen St
Bendigo

Phone 03 5442 1972

Email www.ivanhoney.com

Dr Aaron Grieve – *Clinical Psychologist*

Address 34 Blucher St
Strathfieldsaye Vic 3551

Phone 03 5439 4442

National Carer Counselling Program

Provides free short-term counselling for parents and carers in Bendigo.

Phone 1800 242 636

Website www.carersvic.org.au

Margaret Condon - *Psychologist*

Address 391 Hargreaves St
Bendigo Vic 3550

Phone 03 5441 5088

Sternberg Clinic

Address 47 Sternberg St
Bendigo 3550

Phone 03 5441 2357

St Luke's Family Counselling

Address Hargreaves St
Bendigo 3550

Phone 03 5440 1100

Email info@stlukes.org.au

Website www.stlukes.org.au

Time for a Future – *Centre for Child Development*

- Prof. Bruce Tongue
- Dr Avril Brereton
- Ms Kerry Bull
- Ms Michelle Lawler

Address 56 High St
Woodend Victoria 3442

Phone 03 5427 4052

Email enquiries@timeforafuture.com.au

Website www.timeforafuture.com.au

Julie Vandermaat – *Social Worker*

Address 20 Sternberg St
Bendigo

Phone 03 5444 4291

Louise Wolff – Psychology

Address Room 9, Level 2
21 View Point
Bendigo 3550
(and Castlemaine)

Phone 0428 605888
Email louisewolff@netspace.net.au

The Australian Psychological Society

The Australian Psychological Association web site provides a data base of psychologists in private practice throughout Australia.

Phone 1800 333 497
Website www.psychology.org.au

Education Contacts

Bendigo Senior Secondary College

Student Wellbeing Coordinator & Counsellor

Donna Weightman

Address Rosalind Park
Bendigo Vic 3552

Phone 03 5443 1222
Website www.bssc.edu.au

Bendigo Special Developmental School (SDS)

SDS is for school aged children with a moderate to severe intellectual disability

Address 26-32 Lockwood Road
Kangaroo Flat Vic 3555

Phone 03 5447 3267

Website www.bendigods.vic.edu.au

Catholic Education Sandhurst

Senior Education Officer

Joy Ready

Address 120 Hargreaves Street
Bendigo 3552

Phone 03 5443 2377

Email jready@ceosand.catholic.edu.au

Website www3.ceosand.catholic.vic.edu.au

Centre for Inclusive Schooling of Children with Autism (CISCA)

Phone 03 9682 6637

Email info@cisca.com.au

Website www.cisca.com.au

Doxa School Bendigo

This school provides supported education for students 11-14 years of age who are having difficulty remaining in their regular school.

Address 118 Hargreaves St
Bendigo Vic 3550

Phone 03 5442 8140

Website www.doxa.org.au

Department of Education & Early Childhood Development (DEECD)

Loddon Mallee Region

Address	7-15 McLaren Street Bendigo, 3552
Phone	03 5440 3111
Website	www.education/region/loddonmallee
Wellbeing Manager	Sandra Hamilton
Phone	03 5440 31 52
Email	hamilton.sandra.a@edumail.vic.gov.au
Disability Coordinator	Carol Brown
Phone	03 5440 3126
Email	brown.carol.a@edumail.vic.gov.au

Independent Schools

Address	40 Rosslyn Street West Melbourne Vic 3003
Phone	03 9825 7200
Email	enquiries@independentschools.vic.edu.au
Website	www.independentschools.vic.edu.au

Kalianna School

Kalianna is for students aged between 5 -18 years that have a mild to moderate intellectual disability.

Address	Nolan St North Bendigo 3550
Phone	03 5442 1311
Website	www.kalianna.vic.edu.au

Mansfield Statewide Autism Services

Travelling Teacher Service

Director Jenny Cleeland
Address 81 Highett St
Mansfield Vic 3722
Phone 03 5775 2876
Email info@autismmansfield.org.au
Website www.autismmansfield.org.au

Net School – Bendigo

NETschool aims to re-engage young people (15-20 years) who are experiencing difficulties with mainstream schooling. It's an annexe of Bendigo Senior Secondary College.

Address 26 Williamson St
Bendigo.
Phone 03 5441 8504
Website www.netschoolbendigo.vic.edu.au

National Disability Coordination Officer Program

The Australian Government's NDCO Program targets the barriers that people with disability face in successfully accessing and completing post-school education and training and subsequent employment.

NDCO Officer Mick Whatham
Address Room 302, Faculty of Humanities & Social Sciences
LaTrobe University
Bendigo Vic 3552
Phone 03 5444 7421
Email mwhatham@unimelb.edu.au
Website www.deewr.gov.au

Program for Students with Disabilities

The Program for Students with Disabilities is a targeted additional program for a defined student population with moderate to severe disabilities. The Program for Students with Disabilities supports the education of students with disabilities in Victorian government schools by providing schools with supplementary resources. Resources are provided to schools to assist in the education of students with disabilities, not to individual students, and resources are not transferable to other organisations.

Website www.education.vic.gov.au/healthwellbeing/wellbeing/disability/handbook

Funding Options

Helping Children with Autism Funding

'Helping children with Autism' is a National Government Funding Initiative to assist families and carers of children aged zero – six diagnosed with an Autism Spectrum Disorder.

The Autism Advisors will provide families a gateway to the \$12,000 funding (\$6,000 max per financial year).

Families applying for the \$12,000 must provide eligibility documentation before application can be processed.

Contact Autism Victoria 1300 424 499

Website Department of Families, Housing, Community Services and
Indigenous Affairs (FAHCSIA) at:

<http://www.fahcsia.gov.au/sa/disability/progserv/people/HelpingChildrenWithAutism>

Helping Children with Autism - Medicare Rebates

Families have the option of using the Medicare rebate system to help pay for private assessments. The family's paediatrician can diagnose the child with autism, in collaboration with a private speech therapist, an occupational therapist and a psychologist.

The rebate allows a total of **5 sessions** with these professionals. (Together not each) This is called the *'Helping Children with Autism Increased Access To Diagnosis'*

With a diagnosis of a Pervasive Developmental Disorder, the child will be eligible for **20 sessions** shared between a speech therapist, an occupational therapist or a psychologist. Your paediatrician will develop a treatment plan for your child with you. These rebates can only be used once in the child's life time, and must be written by the child's 13th birthday, and used by the child's 15th Birthday.

MEDICARE

Chronic Disease Management Plan (CDM)

People with Autism Spectrum Disorders (ASDs) are eligible for the CDM because an ASD is a Chronic Condition. You need a referral from your GP to receive five services per calendar year for any of the following – physiotherapy, occupational therapy, speech pathology, or psychology.

For more information go to:

http://www.health.gov.au/internet/main/publishing.nsf/Content/health-medicare-health_pro_gp-pdf-alliedcnt.htm

Mental Health Care Plan

The Better Access to Mental Health Care plan is an option available for anybody (individuals with an ASD, parents, siblings, carers etc.) who feels that their overall wellbeing and mental health is affected. You need a referral from your GP or Paediatrician to access up to 12 visits to a psychologist, clinical psychologist, social worker or occupational therapist within a calendar year. You may be able to access:

- 12 sessions of individual therapy with a Psychologist, Occupational Therapist or Social Worker. An additional six sessions may be available in exceptional circumstances.
- 12 Group Sessions of Therapy with a Psychologist, Occupational Therapist, or Social Worker.

For more information go to:

<http://www.health.gov.au/internet/main/publishing.nsf/Content/mental-pubs-b-better>

Centrelink Payments

Carer Allowance (child) is a supplementary payment for parents or carers who provide daily care and attention for children with a disability or severe medical condition at home. Carer Allowance (child) may be paid on top of [Carer Payment \(child\)](#) or other payments, such as [Age Pension](#).

For more information about this payment go to www.centrelink.gov.au and search for carer allowance.

Occupational Therapists

Occupational Therapy Helping Children

Loretta Kingston Smith

Address PO Box 3030, Bendigo Delivery Centre
Bendigo Vic 3554

Phone 0423 196 905

Website www.occupationaltherapy.com.au

Rachel Manderson

Address 4 Henderson St
Golden Square Vic 3555

Phone 03 5442 5589

Mobile 0406 406 309

Email sturachmando27@hotmail.com

Heather Scanlon

Address *Moving from Condon St to unknown address.*
Bendigo Vic 3550

Phone 0428 426 876

The Association of Occupational Therapy Australia

The Association of Occupational Therapy Australia web site provides a data base of occupational therapists in private practice throughout Australia

www.ausot.com.au

Paediatricians

Dr Ken Armstrong

Address 13 Helm St
Kangaroo Flat Vic 3555
Phone 03 5430 0500

Dr Adrian Elderhurst

Address 101 Lily St
Bendigo Vic 3550
Phone 03 5442 6468

Melbourne's Children Clinic

Address 2/321 Camberwell Road
Camberwell Vic 3124

Phone 03 9813 5700
Email Info@melbchildrensclinic.com.au
Website www.melbchildrensclinic.com.au

Dr John McLennan

Address 79 Wattle St
Bendigo Vic 3550
Phone 03 5442 1688

Dr Geoff Solarsh

Address Bendigo Health Services
Lucan St
Bendigo Vic 3550

Phone 03 5441 8488

Dr Peter Wearne

Address 12 Rowan St
Bendigo Vic 3550

Phone 03 5441 8488

Recreational

Bendigo YMCA

Address Napier Street
Eaglehawk VIC 3556

Phone 03 5446 9222

Website www.bendigo.ymca.org.au

Bendigo Rowing Club

Address Lake Weeroona

Phone 03 5449 3355

Website www.home.vicnet.net.au

Girl Guides

Address Bendigo Central, Castlemaine, Harcourt, Heathcote, Strathfieldsaye and WhiteHills

Phone 03 8606 3500

Website www.guidesvic.org.au

Play Connect

PlayConnect Playgroups will offer play-based learning opportunities for children with ASD or ASD like symptoms, and create and extend social support networks for their families and carers

Address Bendigo Neighbourhood House
21 Neale St
Bendigo Vic 3550

Phone: 1800 171 882

My Time

MyTime groups provide facilitated peer support for mums, dads, grandparents and anyone caring for children with a disability or chronic medical condition.

Website www.mytime.net.au

Riding for the Disabled

Address Mandurang South Recreation Reserve
32 Hannans Rd
Mandurang South

Phone 0408 875 249
03 5439 3831

Website www.rda.org.au

Scouts Australia

Address Bendigo, Eaglehawk, Kangaroo Flat, Strathfieldsaye

Phone 03 54 361 392

Website www.vicscouts.com.au

Sports Focus

Address 14 Nolan St
Bendigo 3550

Phone 03 5442 3101

Email admin@sportsfocus.com.au

Website www.sportsfocus.com.au

Respite

Australian Homecare Services

Address Head Office
1183 Toorak Rd
Camberwell Vic

Phone 1300 303 770

Email care@ahcs.org.au

Website www.ahcs.org.au

Care Beyond Measure

Address 51 Myers St
Bendigo 3550

Phone 03 5444 5662

Email info@carebeyondmeasure.com

Website www.carebeyondmeasure.com

Commonwealth Respite and Carelink Centre

Commonwealth Respite and Carelink Centres provide a single point of contact for the general public on community, aged and disability services and carer support. The Centres can also assist with information about costs for services, assessment processes and eligibility criteria.

Address 48 Queen St.
Bendigo 3550

Phone: 1800 052 222

Website www.bendigohealth.org.au

Carer Support Services

Address Bendigo Health Services
100 Barnard St
Bendigo Vic 3550

Phone 03 54547723

24 Hour Emergency Respite 1800 068 978

Website www.bendigohealth.org.au

Home and Community Care (HACC)

Address 195-229 Lyttleton Terrace
Bendigo 3552.

Phone 03 5434 6411

Website www.bendigo.vic.gov.au

Home Style Respite

Address 75 Lowndes St,
Kennington Vic 3550

Phone 03 54 413537

Website www.homestylerespite.com.au

Interchange Loddon Mallee Region Inc.

Address 127 Mitchell St
Bendigo

Phone 03 5441 1599

Email info@interchangem.org.au

Website www.interchangelm.org.au

Respite Loddon Mallee

Address Community Living and Respite Services Inc.
PO Box 424,
Echuca Vic 3564

Phone: 03 5480 2388

Website www.respiteloddonmallee.org.au

Simply Helping

Address PO Box 870
Horsham Vic 3402

Phone 1800 99 88 66

Email info@simplyhelping.com

Website www.simplyhelping.com

Speech Therapists

Bendigo Speech Works

Suzie Keck

Address 472 Hargreaves St
Bendigo Vic 3550

Phone Suzie 0425 721 257

Sandhurst Speech Pathology

Rochelle Sexton

Address 128 Queen St
Bendigo Vic 3550

Phone 03 5439 4420

Sue Begg & Associates Speech Pathology

Sue Begg

Address 391 Hargreaves St
Bendigo Vic 3550

Phone 03 5441 5088

Talk It Up Speech Pathology

Emma Tyrrell

Address 472 Hargreaves St
Bendigo Vic 3550

Phone 0438 006445

Speech Pathology Australia

Speech therapist can also be sourced from the following website.

Website <http://www.speechpathologyaustralia.org.au>

Support Contacts

ACT- NOW

The Autism Secondary Consultation and Training Strategy is funded by the Department of Education & Early Childhood Development (Victoria). The project aims to build skills and capacity across each region in Victoria in the area of Early Childhood (0-6 years)

Regional Autism Co-ordination Groups (ReACT) operate in each Victorian region. Members of the ReACTs are people working within a specific sector with young children with autism and their families.

<http://www.med.monash.edu.au/spppm/research/devpsych/actnow/>

Phone (03) 54273 852

Autism Victoria

Address 24 Drummond St
Carlton Vic 3053

Phone 1300 308 699

Email counselor@autismvictoria.org.au

Website www.autismvictoria.org.au

Bendigo Autism Asperger Group (BAAG)

Address PO Box 439
Bendigo Vic 3552

Phone 0417 057 672

Email info@bendigoautism.org.au

Website www.bendigoautism.org.au

Bendigo Case Management Services

Address Bendigo Health Services
Anne Caudle Centre
100 Barnard Street, Bendigo

Phone 03 5454 7833

Website www.bendigohealth.org.au

Continence Clinic – Bendigo Health Services

Address Bendigo Health Services
Anne Caudle Centre
100 Barnard Street, Bendigo

Phone 03 54548077

Website www.bendigohealth.org.au

Department of Human Services - *Disability Services*

DHS provide Case Management and specialist services.

Address 74-78 Queen St
Bendigo Vic 3550

Phone 1800 229 822

Website www.dhs.vic.gov.au

EARLY INTERVENTION SERVICES

Bendigo Community Health Services

Address 13 Helm St
Kangaroo Flat 3550

Phone 03 5430 0500

Website www.bchs.com.au

Noah's Ark Inc.

Address 13 Maple St
Bendigo Vic 3550

Phone 03 5434 4500

Website www.noahsarkinc.org.au

Scope

Address 31-45 Bennett Street
Bendigo Vic 3550

Phone 03 5442 2000

Website <http://www.scopevic.org.au/>

Specialist Intervention Referral Team – DEECD

Early childhood intervention access in this region has to go through the *Specialist Information and Referral Team (SIRT)*. This means you contact SIRT and then choose services from either, Bendigo Community Health Services - Early Intervention Services, Noah's Ark or Scope.
Phone SIRT on 1300 36 35 14

Address 7 -15 McLaren St
Bendigo Vic 3550

Phone 03 5440 3111 or 1300 36 35 14

Goldfields Library Corporation

Bendigo Autism Asperger Group (BAAG) has donated about \$6,000 of books and DVD's for families to borrow. Search under Autism and Asperger's Syndrome in the library.

Address 251-259 Hargreaves St
Bendigo Vic 3552

Phone 03 5449 2700

Website www.ncgrl.vic.gov.au

Kids with Confidence- *Bendigo Health Psychiatric Services*

Faye Hayman

Address PO Box 126
Bendigo Vic 3550

Phone 03 5454 7753

Email fhayman@bendigohealth.org.au

Supporting Parents of Children with Autism & Asperger's Syndrome (SPOCAAS)

Address 26A Percy St
Echuca

Phone 03 5480 2388
Email spocaas@clrs.org.au

St Luke's

St Luke's provides a wide range of individual, family and community support services.

Address St Luke's Anglicare
PO Box 315
Bendigo 3552

Phone 03 5440 1100
Email info@stlukes.org.au

Web Resources

Autism Awareness Australia

www.autismawareness.com.au

Autism Spectrum Australia (Aspect)

www.autismspectrum.org.au

Loddon Mallee Autism Website

A local website for information and resources in the Loddon Mallee Region.

Phone 03 5480 2388
Website www.clrsasd.org.au

Raising Children Network – the Australian parenting website

A comprehensive website providing information, interactive tools and parent guides on raising a child with autism spectrum disorder.

Website http://raisingchildren.net.au/children_with_autism/children_with_autism_landing.html

Positive Partnerships Website

The Positive Partnership website has been created to support school-aged children. It has two online components they include a:

1. [Professional Development Component](#) for teachers and other school staff who are working with students with ASD; and
2. [Parent/Carer Component](#) that provides workshops and information sessions for parents/carers of school aged children with an ASD.

Website www.autismtraining.com.au

Sibling Australia

A national organisation committed to enhancing the well-being of siblings of children and adults with special needs.

Website www.siblingsaustralia.org.au

Family Suggested

Listed in alphabetical order.

Please remember that not all entries are ASD specific and are **family suggested**. The suggestions have not been researched and are not recommended by the Key Local Facilitator. The views expressed in this publication do not necessarily represent the views of the Australian Government Department of Education, Employment, and Workplace Relations (DEEWR). Every attempt has been made to ensure the accuracy of the information presented at the time of publication. If you are aware of any information that requires updating please contact AAETC on 1300881971 or aaetc@autismspectrum.org.au

Autism Resource Centre

Annie May

Address Online private business

Phone 0422 815 342

Email anniemay@skymesh.com.au

Behavioural Optometrist

Kosmac & Clemens

Arthur Stevens

Address 9 Mitchell St
Bendigo Vic 3550

Phone 03 5441 8841

Website www.kosmacandclemens.com.au

Books – Resource Guides

An Extraordinary Gift: The Australian Asperger's Resource Guide

By Marie Whitrow

Australian Autism Handbook – The essential guide for autism spectrum disorders.

By Benison O'Reilly and Seana Smith

Cartwheel Education

Jacqui Righetti –*Specialist Educational Consultant*

Address *Moving from Condon St, address unknown*
Bendigo Vic 3550

Phone 0412 221 146

Website www.cartwheeleducation.com.au

Dr Jennifer Mc Kern

GP with biomedical & nutritional expertise with ASD children

Address 39 Urquhart St
Castlemaine Vic 3450

Phone 03 5470 5577

Iron Bark Riding Centre

Address Watson St
Bendigo Vic 3550

Phone 03 5436 1565

Website www.bwc.com.au/ironbark

Irlen Dyslexia Services

Marilyn Chambers

Address 5746 Calder Highway
Kangaroo Flat

Phone 0488 385 544

Website www.dyslexiaservices.com.au

Paul Sadler Swimland

Address 12 Vine St
Bendigo Vic 3550

Phone 03 5443 2164

Website www.paulsadlerswimland.com

Pyramid Educational Consultants of Australia (PECS)

Address 413 Blackshaws Rd
Altona North Vic 3025

Phone 03 9314 5374

Email ehobbin@pecs.com

Website www.pecsaustralia.com

Righteous Pups Australia - *Autism Assistance Dogs*

Address P.O. Box 429
Golden Square Vic 3555

Phone 03 5445 6036

WholeBrain Workout

Address 88 Tannery Lane
Mandurang 3551

Phone 03 5439 5057

Website www.wholebrainworkout.com.au